

EXPOSURE EXCLUSION

POLICIES AS OF 12/15/20

7 Day Exclusion (Includes Testing & No Symptoms)

- The 7 day exclusion period begins the day after your "close contact" with an infected person.
- You must remain symptom free for the entire exclusion period.
- On Day 6, if you have remained symptom free, you may get a PCR test. If the test results are negative, you may return to the studio on Day 8. If test results are pending, you must remain at home until the test results are received. Rapid antibody and antigen tests are not allowed for this purpose.
- If your exposure was to a household member, that household member must remain strictly isolated within the home during your exclusion period. If the household member is not being isolated within the home, please refer to the "Household Exposure" exclusion information.

10 Day Exclusion (No Testing & No Symptoms)

- The 10 day exclusion period begins the day after your "close contact" with an infected person.
- You must remain symptom free for the entire exclusion period.
- On Day 11, if you have remained symptom free, you may return to the studio. If your exposure was to a household member, that household member must remain strictly isolated within the home during your exclusion period. If the household member is not being isolated within the home, please refer to the "Household Exposure" exclusion information.

HOUSEHOLD EXPOSURE (*not in isolation*) STUDIO EXCLUSION:

If a member of your household has tested positive and is NOT in home isolation, your studio exclusion period does not **begin** until the day after the infected person's self-quarantine **ends**. If the household member meets the criteria to end self-quarantine after 10 days, your studio exclusion period begins on Day 11 from the date the infected person first exhibited symptoms. Beginning on Day 11, your studio exclusion would be either 7 or 10 days in accordance with the above policies.